

Recommended books

Adventures in Gentle Discipline: A Parent-To-Parent Guide (La Leche League) by Hilary Fowler

Adventures in Tandem Nursing: Breastfeeding During Pregnancy and Beyond (La Leche League) by Hilary Flower

Attachment Parenting: Instinctive Care for your Baby and Young Child by Katie Allison Granju with Betsy Kennedy

Bestfeeding: Why Breast Feeding is Best for You and Your Baby by Mary Renfrew, Chloe Fisher and Suzanne Arms

Breastfeeding and Natural Child Spacing: How Ecological Breastfeeding Spaces Babies by Sheila Kippley

The Breastfeeding Answer Book

Breastfeeding Matters: What we need to know about infant feeding by Maureen Minchin

Breastfeeding Your Premature Baby by Gwen Gotsch

Eat Well, Lose Weight While Breastfeeding by Eileen Behan

The Fussy Baby Book: Parenting Your High-need Child from Birth to Five by Sears and Sears

Hirkani's Daughters: Women Who Scale Modern Mountains to Combine Breastfeeding (La Leche League) by Jennifer Hicks

How Weaning Happens (La Leche League) by Diane Bengson

Mothering your Nursing Toddler (La Leche League) by Norma Jane Bumgarner

My Child Won't Eat!: How to Prevent & Solve the Problem (La Leche League) by Dr Carlos Gonzalez

My First Signs (Baby Signing) (BSL) illustrated by Annie Kubler

Nighttime Parenting: How to get your baby and child to sleep (La Leche League) by William Sears

The No-Cry Potty Training Solution: Gentle Ways to Help Your Child Say Goodbye to Nappies by Elizabeth Pantley

The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night by Elizabeth Pantley

The No-Cry Sleep Solution for Toddlers and Preschoolers by Elizabeth Pantley

The Politics of Breastfeeding by Gabrielle Palmer

Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic by Mary Sheedy Kurcinka

Siblings Without Rivalry: How to Help Your Children Live Together So You Can Live Too by Adele Faber and Elaine Mazlish

Three in a Bed: the benefits of sleeping with your baby by Deborah Jackson

What Mothers Do: Especially When It Looks Like Nothing by Naomi Stadlen

When Your Baby Cries: 10 rules for soothing fretful babies and their parents by Deborah Jackson

Womanly Art of Breastfeeding 7th revised edition