Breast Start
Integrated Children's Centre
Ton Road
Cwmbrân
NP44 7LE

October 2008

Dear Colleague

"Breastfeeding – Reasons to be proud" – 26 January 2009

'Breast Start,' Torfaen's breastfeeding support group invites you to celebrate with us at a one-day event: "Breastfeeding – Reasons to be proud" aimed at peer supporters and health professionals who support them.

The event featuring speakers, workshops, refreshments and lunch will be hosted at the Commodore Hotel in Cwmbrân. Our key speaker is Deborah Robertson, a lactation consultant who has been working with breastfeeding mothers and babies since 1993. (www.breastfeedingspecialist.co.uk)

Deborah will inspire us with her main talk: Reasons to be Proud: the philosophy and practicalities of Peer Support. There will also be two workshops with the possibility of attending both over the day.

1. Finding creative solutions to the challenges arising in our peer support programmes. Deborah Robertson.
2. Group successes, funding, fundraising, promoting PS groups – What works for us? Breast Start team.

Children and babies, *of course* are welcome and whilst there is no formal crèche we have secured a parents room and a space set aside for children in the main area, where we will have childcare professionals and volunteers to help us during the day. (If you are bringing children please bring ***quiet*** toys and snacks - sandwiches, fruit etc!)

Tickets are available at £10 for Health Professionals and £5 for Peer Supporters/Counsellors and Mums. Places are limited so do book now and avoid disappointment! Once we have received your booking we will send you an acknowledgement and directions to the Commodore Hotel. If possible, please provide us with your email address so that we can make the event as paperless as possible.

We look forward to seeing you in January.

Yours faithfully

All at Breast Start Torfaen

Attached Agenda & Booking form

Contact: Julie Simpson 07961902228 (Mondays and Tuesdays)
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